



The Phoenix College of Crystal Insights

Workshop 8

Energy, crystals and the meridian system:

In this workshop students will be introduced to the ancient traditional Chinese approach to energy flow – the meridian system. They will learn how crystals can be used in conjunction with this system to regulate the flow of energy in the body to bring balance, harmony and well-being.

Workshop 9

Healing techniques for different situations:

Different situations require different approaches to healing. This workshop covers the different healing techniques that can be used in a one-to-one situation, self-healing, distance healing, animal healing and planetary healing. Students will be issued with their own distance healing kit.

Workshop 10

Single crystal layouts:

This workshop focuses on gaining skill, knowledge and confidence in the use of single crystal energy layouts to meet specific client needs. A wide variety of different crystal types/families will be used during practise.

Workshop 11

Clearing and Building layouts:

In this highly practical workshop students will learn how to select and use different combinations of particular crystals to release blocked energy. They will also learn how to safely reintegrate the new energy into the total energy system after clearing. In addition, practise will be undertaken in the use of building layouts to support emotional and mental balance during times of change or transition.

Workshop 12

Expansion layouts:

A truly amazing workshop in which students examine and practise using specialist layouts to support meditation, personal growth and spiritual expansion. In addition, students will be introduced to the use of crystals with the Native American Medicine Wheel – making and practising with their own personal medicine wheel.

Workshop 13

Sacred Geometry and Crystal Grids:

During this workshop students will explore and practise the use of specialist crystal grids to support a healing session. Students will be introduced to the ancient art of Sacred Geometry and learn how the various shapes and symbols affect the human psyche.

Workshop 14

Portfolio work, evidence gathering and setting up in practice revision

This final workshop offers students tutor support to collate and reference to the standards all of the work done over the two years for final assessment purposes. It will be run on a tutorial basis offering individual and group support as necessary. In addition, there will be a question/answer revision session on setting up in practice and for this, students are encouraged to bring any issues or areas of concern for discussion.

N.B.

1. 5 client case studies to be started following Workshop 7.
2. Anatomy & Physiology Distance Learning with the Phoenix College to be undertaken in year 2
3. Tutor observations for assessment purposes will take place from Workshop 10 onwards – 2 per student in total.

The Highest Standard of Quality & Professionalism in Crystal Therapy Training

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